

**KidzAroundTheClock Schools Nutrition Employees are making an effort to slow the spread of COVID19 by wearing a mask and gloves, taking temperatures daily, washing hands regularly, disinfecting surfaces daily, and practicing social distancing.*

November Menu

2022

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| Breakfast Minni Cinnis Fruit/Juice Lunch Mini Corn Dogs Cheese Pizza Potato Wedgies Fruit | Breakfast Super Donut Fruit/Juice Lunch Cheeseburger Baked Beans Fruit | Breakfast Iced Cinnamon Roll Fruit/Juice Lunch Beef Nachos w/ Doritos Steamed Corn Fruit | Breakfast French Toast Sticks Fruit/Juice Lunch Chicken Nuggets Sliced Cucumbers w/ Ranch Fruit | Breakfast Rice Krispies Treat Fruit/Juice Lunch Pizza Crunchers w/ Marinara Garden Salad w/ Ranch Fruit |
| Breakfast Chicken Biscuit Lemon Bread Fruit/Juice Lunch Hot Dog Cheese Pizza Potato Wedgies Fruit | Breakfast Fiesta Pizza Fruit/Juice Lunch Chicken Sandwich PBJ Pack Cheesy Broccoli Fruit Middle & High School Spicy Chicken Sandwich PBJ Pack | Breakfast Chicken Sausage Biscuit Lemon Bread Fruit/Juice Lunch Pizza Crunchers w/ Marinara Steamed Corn Fruit Middle & High School Chicken Taco Cheese Quesadilla | Breakfast Rice Krispies Treat Fruit/Juice Lunch Chicken Drumstick Yogurt & Cheese Waffle Sweet Potatoes Fruit | Breakfast Strawberry Boli Fruit/Juice Lunch General Tso Chicken w/ Rice Pizza Bread w/ Marinara Baby Carrots w/ Ranch Fruit |
| Breakfast Minni Cinnis Fruit/Juice Lunch Mini Corn Dogs Cheese Pizza Potato Wedgies Fruit | Breakfast Super Donut Fruit/Juice Lunch Cheeseburger Baked Beans Fruit | Breakfast Iced Cinnamon Roll Fruit/Juice Lunch Beef Nachos w/ Doritos Chips & Queso Garden Salad w/ Ranch Fruit | Breakfast French Toast Sticks Fruit/Juice Lunch Chicken Nuggets Stuffed Shells Sliced Cucumbers w/ Ranch Fruit | Breakfast Rice Krispies Treat Fruit/Juice Lunch Pizza Crunchers w/ Marinara Turkey Pepperoni Pizza Steamed Corn Fruit |
| Breakfast Chicken Biscuit Lemon Bread Fruit/Juice Lunch Hot Dog Cheese Pizza Potato Wedgies Fruit | Breakfast Fiesta Pizza Fruit/Juice Lunch Chicken Sandwich PBJ Pack Cheesy Broccoli Fruit Middle & High School Spicy Chicken Sandwich PBJ Pack | Breakfast Chicken Sausage Biscuit Lemon Bread Fruit/Juice Lunch Pizza Crunchers w/ Marinara Manager's Choice Entree Steamed Corn Fruit Middle & High School Chicken Taco Cheese Quesadilla | Breakfast Rice Krispies Treat Fruit/Juice Lunch Chicken Drumstick Yogurt & Cheese Waffle Sweet Potatoes Fruit | Breakfast Strawberry Boli Fruit/Juice Lunch General Tso Chicken w/ Rice Pizza Bread w/ Marinara Baby Carrots w/ Ranch Fruit |

DAILY OFFERINGS

Breakfast

Assorted milk served daily

Lunch

Assorted milk served daily

SCHOOL BREAKFAST PRICES

****Free breakfast for all children****

SCHOOL LUNCH PRICE

****Free lunch for all children****

***Menus are subject to change and ingredients can be substituted without notice.**

***Options may not be available in all schools. Please contact your schools Child Nutrition Manager for additional menu information.**

***Due to menu substitutions, product formulations, and manufacture practices, allergens will be listed when known.**

***To see foods served in GCS cafeterias that may contain allergens due to manufacturing processing please click here**

***For concerns about food allergy and special diet accomodations, please contact Aubry Morrison, MS RDN LDN at 336-370-3250.**