

* **KidzAroundTheClock** Schools Nutrition Employees are making an effort to slow the spread of COVID19 by wearing a mask and gloves, taking temperatures daily, washing hands regularly, disinfecting surfaces daily, and practicing social distancing

March Menu

2022

DAILY OFFERINGS

Breakfast

Assorted milk served daily

Juice or fruit served daily

Lunch

Assorted milk served daily

SCHOOL BREAKFAST PRICES

Free breakfast for all students

SCHOOL LUNCH PRICE

Free lunch for all students

**Menus are subject to change and ingredients can be substituted without notice.*

**Options may not be available in all schools. Please contact your schools Child Nutrition Manager for additional menu information.*

**Due to menu substitutions, product formulations, and manufacture practices, allergens will be listed when known.*

**To see foods served in GCS cafeterias that may contain allergens due to manufacturing processing please click here*

**For concerns about food allergy and special diet accomodations, please contact Aubry Morrison, MS RDN LDN at 336-370-3250.*

Monday

Breakfast
Pancakes
Fruit/Juice

Lunch
Hot Dog
French Pizza w/ Marinara
Cheesy Broccoli
Fruit

Breakfast
Minni Cinnis
Fruit/Juice

Lunch
Mini Corn Dogs
Cheese Pizza
Potato Wedgies
Fruit

Breakfast
Pancakes
Fruit/Juice

Lunch
Hot Dog
French Pizza w/ Marinara
Cheesy Broccoli
Fruit

Breakfast
Minni Cinnis
Fruit/Juice

Lunch
Mini Corn Dogs
Cheese Pizza
Potato Wedgies
Fruit

Tuesday

Breakfast
Super Donut
Fruit/Juice

Lunch
Cheeseburger
Toasted Cheese Sandwich
Green Beans
Fruit

Breakfast
Fiesta Pizza
Fruit/Juice

Lunch
Chicken Sandwich
PBJ Pack
Cheesy Broccoli
Fruit

Middle & High School
Spicy Chicken Sandwich
PBJ Pack

Breakfast
Super Donut
Fruit/Juice

Lunch
Cheeseburger
Toasted Cheese Sandwich
Green Beans
Fruit

Breakfast
Fiesta Pizza
Fruit/Juice

Lunch
Chicken Sandwich
PBJ Pack
Cheesy Broccoli
Fruit

Middle & High School
Spicy Chicken Sandwich
PBJ Pack

Wednesday

Breakfast
Iced Cinnamon Roll
Fruit/Juice

Lunch
Chicken Taco
Chips & Queso
Steamed Corn
Fruit

Breakfast
Chicken Sausage Biscuit
Lemon Bread
Fruit/Juice

Lunch
Pizza Crunchers w/ Marinara
Manager's Choice Entree
Garden Salad w/ Ranch
Fruit

Breakfast
Iced Cinnamon Roll
Fruit/Juice

Lunch
Chicken Taco
Chips & Queso
Steamed Corn
Fruit

Breakfast
Chicken Sausage Biscuit
Lemon Bread
Fruit/Juice

Lunch
Pizza Crunchers w/ Marinara
Manager's Choice Entree
Garden Salad w/ Ranch
Fruit

Thursday

Breakfast
French Toast Sticks
Fruit/Juice

Lunch
Chicken Nuggets
Mac n' Cheese
Garden Salad w/ Ranch
Fruit

Middle & High School
Chicken Taco
Cheese Quesadilla

Breakfast
Rice Krispies Treat
Fruit/Juice

Lunch
Chicken Drumstick
Yogurt & Cheese
Waffle
Sweet Potatoes
Fruit

Breakfast
French Toast Sticks
Fruit/Juice

Lunch
Chicken Nuggets
Mac n' Cheese
Garden Salad w/ Ranch
Fruit

Middle & High School
Chicken Taco
Cheese Quesadilla

Breakfast
Rice Krispies Treat
Fruit/Juice

Lunch
Chicken Drumstick
Yogurt & Cheese
Waffle
Sweet Potatoes
Fruit

Friday

Breakfast
Rice Krispies Treat
Fruit/Juice

Lunch
Turkey Pepperoni Pizza
Pizza Crunchers w/ Marinara
Garden Salad w/ Ranch
Fruit

Breakfast
Strawberry Boli
Fruit/Juice

Lunch
General Tso Chicken w/ Rice
Pizza Bread w/ Marinara
Baby Carrots w/ Ranch
Fruit

Breakfast
Rice Krispies Treat
Fruit/Juice

Lunch
Turkey Pepperoni Pizza
Pizza Crunchers w/ Marinara
Garden Salad w/ Ranch
Fruit

Breakfast
Strawberry Boli
Fruit/Juice

Lunch
General Tso Chicken w/ Rice
Pizza Bread w/ Marinara
Baby Carrots w/ Ranch
Fruit